

**Curriculum Vitae of  
Tahereh Poordast M.D.,**

Assistant Professor of Obstetrics and Gynecology

**Personal data:**

Nationality: Iranian  
Date of birth:  
Place of birth: shiraz, Iran  
Gender: Female  
Marital Status: Married  
Children: Two,  
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University of Medical Sciences, Shiraz, Iran  
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**Education:**

- Internship, Jahrom University of Medical Sciences, Shiraz, Iran, 2001-2002.
- Gynecology and obstetric Residency, Department of Gynecology, Shiraz University of Medical Sciences, Shiraz, Iran, 2007-2010.
- M.D Jahrom University of Medical Sciences, Jahrom, Iran, 1994-2000. • High School Diploma, Asiyehl high School, shiraz, Iran, 1994

## **Qualifications:**

- M.D.: Jahrom University of Medical Sciences, Jahrom, Iran, 2002
- Specialty Board, of Obstetric and Gynecology : Iranian National Board of Obstetric and Gynecology , Shiraz, Iran, 2010.

## **Academic Appointments:**

- Assistant Professor (as a full-time faculty member since 2011-present.)

Infertility Research Center, Division of infertility and reproductive endocrinology, Department of OB-GYN, School of Medicine, Shiraz University of Medical Sciences, Shiraz- Iran.

## **Educational Experiences:**

I participated in teaching activities during my residency.

- Assistant Professor of Obstetrics and Gynecology department in Jahrom University of medical sciences since 2011.
- Assistant Professor of Obstetrics and Gynecology department in Shiraz University of medical sciences since 2013.

## **DUTIES AND RESPONSIBILITIES:**

- Teaching: OB-GYN in medical colleges.
- Clinical: Out-Patient & in-Patient visits in OB-GYN and in Hafez, Shahid Faghihi, Hazrate Zeinab and Nemazi hospitals.
- Surgery: An average of ten patients per week in OB-GYN and in the hospitals related to Shiraz University of Medical Sciences.
- Supervision: A: Advisor of OB-GYN residents for their thesis.
  - B: Advisor of Medical doctorate students for their thesis.

### **MEMBERSHIP IN MAJOR PERSONAL SOCIETIES:**

1. National Association of Iranian Gynecologists & Obstetricians (NAIGO)
2. Fars Obstetricians and Gynecologists Society (FOGS)

### **REVIEWER FOR REFERRED JOURNALS:**

- Women health Journal of medical sciences.
- Jahrom Journal of Medical sciences.

### **SPECIAL COURSES AND WORKSHOPS:**

1. Workshop for endoscopic surgery in Gynecology  
May 16-17, 2002, Shiraz University of Medical Sciences, Shiraz, Iran.

### **Publications:**

The potential role of radiolabeled red blood cell scintigraphy in diagnosis of endometriosis  
M Shahbazi, T Poordast, N Masoudi, M Haghigatafshar Iranian Journal of Nuclear Medicine 30 (1),  
26-32 .2022

Anti-endometriotic Effects of Ceratonia Siliqua L. Pod on Endometrial Mesenchymal Stromal/stem  
Cells Isolated from Women with Endometriosis-associated Infertility Z Khodabandeh, BN Jahromi,  
A Hashemi, A Afshar, N Baghban, ...2021

The effect of vasopressin injection on ovarian reserve in patients who had cystectomy for ovarian  
endometrioma; a randomized controlled trial. S Alborzi, T Poordast, E Askary, K Chamanara, Z Z  
Sorouri, EHN Kellaii, ...Reproductive BioMedicine Online 2021

Does laparoscopic hysterectomy+ bilateral salpingectomy decrease the ovarian reserve more than  
total abdominal hysterectomy? A cohort study, measuring anti-Müllerian hormone ... Z Tavana, E  
Askary, T Poordast, M Soltani, F Vaziri BMC Women's Health 21 (1), 1-7 2021

Evaluation the Progesterone and Estrogen Receptor (PR & ESR) Level and Their Role in Medical  
Treatment of Patients with Endometriosis T Poordast, S Alborzi, Z Kiani, E Askary, K Chamanara,  
N Omidfar, ...2021

Successful Laparoscopic Sigmoid Transposition for Cervicovaginal Agenesis in Presence of  
Functional Uterus; a Case Series. S Alborzi, EH Najarkolae, E Askary, S Alborzi, K Chamanara, Z  
Zahiri, ...2021

Assisted reproductive technique outcomes in patients with endometrioma undergoing sclerotherapy vs laparoscopic cystectomy: Prospective cross-sectional study S Alborzi, E Askary, P Keramati, S Moradi Alamdarloo, T Poordast, ... *Reproductive Medicine and Biology* 2021

Aloe Vera; A new treatment for atrophic vaginitis, A randomized double-blinded controlled trial T Poordast, L Ghaedian, L Ghaedian, FS Najib, S Alipour, ... *Journal of Ethnopharmacology* 270, 113760.2021

A Detailed Study in Adenomyosis and Endometriosis: Evaluation of the Rate of Coexistence Between Uterine Adenomyosis and DIE According to Imaging and Histopathology Findings. S Alborzi, E Askary, F Khorami, T Poordast, BAH Alkhalidi, M Hamed, ... *Reproductive Sciences*, 1-11 2021

Antioxidant ameliorative effect of caffeic acid on the ectopic endometrial cells separated from patients with endometriosis N Jamali, Z Mostafavi-Pour, F Zal, M Kasraeian, T Poordast, N Nejabat *Taiwanese Journal of Obstetrics and Gynecology* 60 (2), 216-220 2021

Ameliorative effects of quercetin and metformin and their combination against experimental endometriosis in rats N Jamali, F Zal, Z Mostafavi-Pour, M Samare-Najaf, T Poordast, ... *Reproductive Sciences* 28 (3), 683-692 2021

تظاهرات کرونا ویروس 2019 (کویید 19) در حاملگی در هر سه ماهه حاملگی E Askary, T Poordast, Z Shiravani, MA Ashraf, A Hashemi, R Naseri, ... *International Journal of Reproductive BioMedicine* 19 (2), 191-204 2021

Coronavirus disease 2019 (COVID-19) manifestations during pregnancy in all three trimesters: A case series E Askary, T Poordast, Z Shiravani, MA Ali, A Hashemi, R Naseri, ... *International Journal of Reproductive BioMedicine* 19 (2), 191 2021

COVID-19, An early investigation from exposure to treatment outcomes in Tehran, Iran MA Ashraf, N Shokouhi, E Shirali, F Davari-Tanha, K Shirani, O Memar, ... *Journal of Research in Medical Sciences* 26 (1), 114 2021

Predictors of sexual dysfunction in HIV-infected women Z Moshfeghy, F Dadgar, R Janghorban, T Poordast. *Acta facultatis medicae Naissensis* 38 (1), 47-55 2021

Diagnostic accuracy of cervical pap smear and colposcopy in detecting premalignant and malignant lesions of cervix F sadat Najib, M Hashemi, Z Shiravani, T Poordast, S Sharifi, E Askary. *Indian Journal of Surgical Oncology* 11 (3), 453-458 2020

Coronavirus disease 2019 (COVID-19): a systematic review of pregnancy and the possibility of vertical transmission. MA Ashraf, P Keshavarz, P Hosseinpour, A Erfani, A Roshanshad, ... *Journal of reproduction & infertility* 21 (3), 157 2020

Long Term Anatomical and Functional Results of Modified McIndoe Vaginoplasty with Amnion Graft in Patients with Congenital Vaginal Aplasia Compared with a Control Group T Poordast, FS Najib, Z Kianmehr, F Shoae, E Askary. *International Journal of Pediatrics* 8 (7), 11551-11559 2020

Investigation of the Necessity of Urodynamic Test in Patients with Urinary Stress Incontinence for TOT Surgery. T Poordast, E Askary, FS Najib, S Moradialamdarloo, N Naghizadeh International Journal of Epidemiologic Research 7 (1), 40-43 2020

Invitro fertilization outcome in triggering with GnRH agonist, Hcg or combination of GnRH agonist and Hcg. A Samsami, S Davoodi, S Moradi Alamdarloo, T Poordast, Z Shiravani, ... The Iranian Journal of Obstetrics, Gynecology and Infertility 23 (9), 1-7 2020

COVID-19 in Iran, a comprehensive investigation from exposure to treatment outcomes MA Ashraf, N Shokouhi, E Shirali, F Davari-tanha, O Memar, ... MedRxiv 2020

The effect of lactofem oral probiotic capsule on lactobacilli colonization and some vaginal health parameters. Z Balaghi, S Azima, M Motamedifar, M Kaviani, T Poordast, N Zare Gynecologic and obstetric investigation 85 (3), 245-251 2020

Effects of selenium supplementation on glucose homeostasis in women with gestational diabetes mellitus: A randomized, controlled trial. FS Najib, T Poordast, MR Nia, MH Dabbaghmanesh International Journal of Reproductive BioMedicine 18 (1), 57 2020

The success of various endometrioma treatments in infertility: A systematic review and meta-analysis of prospective studies. S Alborzi, Z Zahiri Sorouri, E Askari, T Poordast, K Chamanara Reproductive medicine and biology 18 (4), 312-322 15 2019

Combination effect of caffeine and caffeic acid treatment on the oxidant status of ectopic endometrial cells separated from patients with endometriosis N Jamali, Z Mostafavi-Pour, F Zal, M Kasraeian, T Poordast, F Ramezani, ... Iranian Journal of Medical Sciences 44 (4), 315 2019

In vitro analysis of antioxidant and heme oxygenase-1 enzymes activity in ectopic and eutopic cells from patients with endometriosis treated with caffeic acid. Z Mostafavi-Pour, N Jamali, F Zal, M Kasraeian, T Poordast. Clinica Chimica Acta 493, S435-S436 2019

Unbalanced Pro-Inflammatory and Anti-Inflammatory Cytokines Ratio and Endometriosis: A Contributive Pathogenic Role? Response M Tarokh, T Poordast, B Gharesi-Fard IRANIAN JOURNAL OF IMMUNOLOGY 16 (3), 267-267 2019

Serum and peritoneal fluid cytokine profiles in infertile women with endometriosis M Tarokh, M Ghaffari Novin, T Poordast, Z Tavana, H Nazarian, ... Iranian Journal of Immunology 16 (2), 151-162 2019

Effects of clarithromycin on inflammatory markers and clinical manifestations in postsurgical follow-up of patients with endometriosis: a double-blinded randomized placebo ... S Alborzi, T Poordast, E Askary, G Dorniani Archives of gynecology and obstetrics 299 (5), 1305-1312 2019

Quercus brantii Lindl. vaginal douche versus clotrimazole on vaginal candidiasis: a randomized clinical trial Z Moshfeghy, K Asadi, M Akbarzadeh, A Zare, T Poordast, ... Journal of pharmacopuncture 21 (3), 185 2018

Quality of life and its influencing factors of couples referred to an infertility center in Shiraz, Iran BN Jahromi, M Mansouri, S Forouhari, T Poordast, A Salehi. International journal of fertility &

sterility 11 (4), 293 2018

Surgical outcomes of laparoscopic endometriosis surgery: A 6 year experience  
S Alborzi, A Hosseini-Nohadani, T Poordast, Z Shomali. Current medical research and opinion 33  
(12), 2229-2234 2017

Small Cell Carcinoma of the Ovary: Report of a Case with Unusual and Aggressive Presentation  
FS Najib, M Momtahan, M Mokhtari, S Moradi Alamdarloo, T Poordast. Middle East Journal of  
Cancer 8 (3), 161-165 2017

Assessment of T helper 17-associated cytokines in third trimester of pregnancy. T Poordast, FS Najib,  
R Baharlou, A Bijani, SM Alamdarloo, A Poordast. Iranian Journal of Immunology 14 (2), 172-179  
2017

A Comparative Study of Total Albumin and Calcium Level between Preeclamptic Women  
Undergoing Magnesium Sulfate Therapy and with Normal Pregnancies E Askary, F Emami, FS Najib,  
T Poordast, M Momtahan. Biosciences Biotechnology Research Asia 12 (3), 2103-2110  
2015

Comparison of Umbilical Cord Blood Gas Profiles Between Preeclamptic and Healthy Mothers  
FS Najib, G Namazi, T Poordast, E Askary. Biomedical & Pharmacology Journal 8 (Special Oct),  
2015

A survey of the quality of life in 100 couples referred to Qadir Maternal and Infant Care Clinic in  
Shiraz City. B Namavar, T Poordast, S Forouhari, F Yaghmaei, M Mansuri. Journal of  
Jahrom. University of Medical Sciences 2014

The influence of stretch training on primary dysmenorrhea. E Karampour, E Khoshnam, T  
Poordast. Advances in Environmental Biology, 3069-3072 2012

### **Congress presentations:**

- 5<sup>th</sup> perinatal congress of perinatology, 2-5 Ordibehesht 1392
- 4<sup>th</sup> congress of Iranian association of surgery, 18-22 Ordibehesht 1396.
- 17<sup>th</sup> mediterranean & middle eastern Endoscopic surgery association. (MMESA) congress, Esfahan  
1396- Azar
- 42<sup>th</sup> congress of Iranian association of surgeons 15-19 Ordibehesht 1398
- 14<sup>th</sup> International congress on OB & Gyn 10-13 Oct 2018.
- Asian congress of endometriosis international congress of minimally invasive surgery, 22-24 Nov  
2018
- Khorasan surgery congress of minimally invasive dx, 21-23 Azar 1397.
- 3<sup>th</sup> International congress of minimally invasive Surgery in OB & Gyn, 27-29 Azar 1397.